



TERM 1 – MENU

03/09/2020 – 21/10/2020

WEEK 1				
	MAIN	VEGETARIAN	SIDES	PUDDING
MONDAY	Mild Chicken Curry (DF)	Mild Quorn Curry (DF)	Rice & Mixed Vegetables (DF) (GF)	Chocolate Chip Muffin
TUESDAY	Beef Burger in a wholemeal roll (DF)	Vegetarian Burger in a wholemeal roll (DF)	Herby Diced Potatoes with Baked Beans (DF) (GF)	Iced Vanilla Cake with Sprinkles
WEDNESDAY	Roast Chicken (DF) (GF)	Quorn Roast (GF)	Homemade Roasties, Mixed Vegetables & Yorkshire Pudding (DF) (GF)	Lemon Drizzle Cake-bar
THURSDAY	Pasta Bolognese (BEEF) (DF) (GF)	Vegetarian Pasta Bolognese (DF) (GF)	Whole-wheat Pasta (DF) , Carrots & Green Beans (DF) (GF)	Strawberry & Vanilla Mousse
FRIDAY	Oven Baked Battered Cod (DF)	Margarita Pizza on a Wholemeal Base (can be DF)	Oven-baked Chipped Potatoes with Peas (DF) (GF)	Chocolate Doughnut

WEEK 2				
	MAIN	VEGETARIAN	SIDES	PUDDING
MONDAY	Homemade Cottage Pie (can be DF)	Homemade Vegetarian Cottage Pie (can be DF)	Mixed Vegetables (DF) (GF) OR Baked Beans	Cherry Flapjack
TUESDAY	Homemade BBQ Chicken Pizza (can be DF)	Quorn Pieces in a Pizza Sauce	Rice & Sweetcorn (DF) (GF)	Blueberry Muffin
WEDNESDAY	Roast Gammon (DF) (GF)	Vegetarian Sausages (DF)	Homemade Roasties (DF) (GF) , Mixed Vegetables (DF) (GF) & Yorkshire Pudding	Chocolate Rice Crispy Cake
THURSDAY	Turkey Meatballs in Bolognese Sauce (DF)	Meatlessballs in Bolognese Sauce (DF)	Whole-wheat Pasta (DF) , Carrots & Green Beans (DF) (GF)	Iced Bun
FRIDAY	Fish Cake (DF)	Cheese Omelette	Oven-baked Chipped Potatoes with Peas (DF) (GF)	Choc Ice

DF – Dairy Free

GF – Gluten Free

PLEASE NOTE: Jacket potatoes are served daily with a choice of Cheese, Tuna or Baked Beans (DF) (GF).
Mixed Salad will also be available from the service hatch.
Pudding options also include Fruit & Fruit Yogurt.