



## **Christ The King**

### **Policy: EPR**

### **Education for Personal Relationships/ Sex Education**

**This policy links to the Child Protection Policy**

**4/s11**

### **Statutory Policy And Subject Policy**

Adopted: January 2018

Next Review date: January 2021

Review Cycle: 3 years

Committee Responsible:

Teaching and Learning

#### **CHRIST THE KING RC PRIMARY SCHOOL**

Earls Court Road, Amesbury, Salisbury, Wiltshire. SP4 7LX

Telephone: 01980 622039

Fax: 01980 626930

## Christ the King R.C. School

### **Education for Personal Relationships Policy. Updated November 2016**

#### **Introduction.**

An essential part of our school's Mission Statement is our aim to educate the whole child: *"all are given an equal opportunity to develop spiritually, academically, emotionally and socially"* To do this, it is important to include Education for Personal Relationships as part of our curriculum.

Any approach to relationship education must be presented in a positive framework of Catholic ideals and values as part of the Church's teaching about what it is to be truly human in Christ. This places it firmly in the context of personal relationships.

#### **This Policy Links to our Child Protection Policy:**

In our school we believe that our work should reflect our Mission Statement. The health, safety and well being of all our children are of paramount importance to all adults who work in our community. Our children have the right to protection, regardless of age, gender, race, culture or disability. They have a right to be safe in our school and to be respected. The atmosphere is one that encourages all children to do their best. We provide opportunities that enable our children to take and make decisions for themselves. Our teaching of personal, social and health education and citizenship, as part of the RE programme and National Curriculum helps to develop appropriate attitudes in our children and makes them aware of the impact of their decisions on others. We also teach how to recognise different risks in different situations, and how to behave in response to them.

#### **Aims.**

- To promote each child's spiritual, academic, emotional, social, moral and cultural development.
- To promote understanding of relationships, feelings and behaviour.
- To encourage growth and emotional maturity, helping each child to go beyond the 'self' to the 'other.'
- To build on ideas and information the children already have.
- To encourage tolerance and respect for others.
- To understand Education in Personal Relationships is a life-long process.
- To celebrate the uniqueness of each other.

#### **Objectives.**

- To recognise and celebrate that each of us is created in the image of God.
- To grow in self-respect and self-worth.
- To appreciate the values of family life.
- To encourage an awareness of attitudes and values and a sense of responsibility for themselves.
- To recognise the qualities that help relationships grow and develop positively.
- To have an understanding of themselves and their own bodies.
- To have an understanding of and give consideration to the beliefs, values and cultures of others.
- To be aware of the important choices needed to stay safe and healthy.
- To be aware of the cross-curricular nature of the policy.

### **Programme of Study.**

The Programme of Work used by our school is the Scheme of Work recommended by the Diocese, 'In the beginning' by Charles Saul. It covers the four broad themes set out in the DfES's PSHE and Citizenship framework:

- developing confidence and responsibility and making the most of children's abilities;
- preparing to play an active role as citizens;
- developing a healthy and safe lifestyle;
- developing good relationships and respecting differences between people.

The School is looking at a new scheme of work recommended by the Diocese to be used in the future.

### **Self, Family and Community.**

These three areas of our lives are concerned with relationships and we cover each of them in our Education for Personal Relationship lessons.

**Self:** God teaches us to love ourselves, made in His image and likeness. Only when we love ourselves, can we fully realise the importance of valuing and understanding self as the basis for personal relationships.

**Family:** Each family has its own beliefs and values and each member of the family is influenced by these. The family is at the heart of the life and the mission of the Catholic Christian community.

**Community:** Human beings live in community. Through our contact with each other and our relationships, we try to spread the Good News and to share the Christian message for the good of all.

**"Come and See" as well as the previous SOW 'Here I am'**- In some areas of the Programme of Study, links are given with our school R.E. Programme "Come and See." so that teachers can, if appropriate, use them. There are also links to our previous SOW 'Here I am'.

**Provision in the Curriculum for Education for Personal Relationships.** The recommended time for Education for Personal Relationships lessons is during the secure, relaxed and encouraging atmosphere of Circle Time. It is essential that each child feels confident and secure enough to learn about themselves, listen to each other and share personal thoughts and opinions.

**Special Needs Provision (SEND).** Education for Personal Relationships is taught to all our children, regardless of ability. Teachers provide learning opportunities matched to the individual needs of children, taking into account the targets in each child's individual learning plan.

**Every Child Matters.** We recognise that each child is unique and a child of God, 'precious in His sight.' One of the main aims in our policy for Education for Personal Relationships is 'to

promote each child's spiritual, academic, emotional, social, moral and cultural development.' The Programme of Study we use aims to recognise and develop the whole education of the child.

**SEAL.** The Programme of Study used for Education for Personal Relationships contributes to developing the children's knowledge, understanding and skills in the social and emotional aspects of their learning.

The following incorporates elements of the DfE guidelines on PHSE and Citizenship as well as additional elements which are covered by our school Education for Personal Relationship Programme.

### **Foundation Stage and Key Stage 1.**

Children should be able:

- To share their opinions on things that matter to them and explain their views, communicating in different ways;
- To recognise, name and deal with their feelings in a positive way;
- To think about themselves, learn from their experiences and recognise what they and others are good at;
- To take part in discussions with one other person, in a group and with the whole class;
- To understand that they belong to various groups and communities, such as family, school and parish;
- To contribute to the life of their class and school;
- To appreciate relationships, friends, family, working together, sharing, playing together;
- To know about rituals that mark birth, life, marriage and death;
- To understand growth;
- To know about being safe;
- To have an awareness of personal hygiene and health;
- To have an understanding of how their actions affect others;
- To understand that there are good choices and wrong choices;
- To value similarities and differences in each other;
- To appreciate other cultures and religions;

### **Key Stage 2.**

Children should be secure with the objectives for F.S. and K.S. 1 and be able:

- To appreciate that life is precious and a gift from God;
- To understand that they grow and change throughout life;
- To begin to know and understand about the changes that come about through puberty;
- To know and understand their own bodies and their need for personal hygiene;
- To be aware of choices they make and that there are good choices and wrong choices;
- To understand what is meant by relationships within families, friends and communities;

- To be aware of different types of relationships and to develop the skills needed to be effective in relationships;
- To recognise the importance of forgiveness in relationships;
- To know about the rituals celebrated in Church, marking birth, marriage and death;
- To talk and write about their opinions on issues that affect themselves and society;
- To research and discuss topical issues and events;
- To reflect on spiritual, moral, social and cultural issues, using imagination and stories to understand other people's experiences;
- To understand that their actions affect others, to care about other people's feelings and to try to see things from their point of view;

### **Responsibilities**

**Governors:** The Governors are responsible for ensuring that the school's Education for Personal Relationships Programme follows Diocesan guidelines and reflects the Church's teachings. Together with the headteacher, they make known to parents their right to withdraw their child from the lessons in Education for Personal Relationships, should they wish to do so.

**Parents:** Parents are the primary educators of their children. The school's Education for Personal Relationships Programme seeks to help and support parents. The school aims to keep parents fully informed of the content and delivery of the Programme. At the beginning of each term a plan of the work to be covered is sent home to parents and they are informed of the E.P.R. work for the term.

**Teachers:** Teachers are responsible for teaching the Education for Personal Relationships Programme in accordance with the Catholic ethos of the school. The Programme helps and supports each teacher to find the most appropriate curriculum opportunities to fulfil particular learning objectives. Some elements of the Programme are specifically linked to work in the topics of previous scheme of work 'Here I Am', as well as our new scheme of work 'Come and See' When this occurs, the topic has been indicated in planning files on an overview sheet.... e.g. Explore the meaning of family, friendship, trust and loyalty.

*'Here I Am' - Special People (A) / Self-Giving (D)*

*'Come and See' – Baptism and Promises- Yr3- Self-Family- Community*

### **Best Practice for Education for Personal Relationships Programme:**

Focuses on the teaching in The Good News;

Related to 'Here I Am' and SEAL where possible:

Has a whole school approach;

Is part of a developmental programme;

Has a whole person approach;

Recognises and develops as a partnership between governors, parents and teachers.

Is cross-curricular.

Ensures each child feels comfortable and secure in the Education for Personal Relationships environment.

*'It was you who created my inmost self, and put me together in my mother's womb; for all these mysteries I thank you.*

*For the wonder of your works,  
For the wonder of myself,  
I thank you.'* *Psalm 139, Verses 13 and 14.*

Updated in Consultation with teaching staff: January 2013  
Reviewed and adopted by Governing Body: January 2013  
Next Review Date: Nov 2012

**Update in consultation with teaching staff: November 2014**  
**Reviewed and adopted by Governing Body: June 2015**  
**Next Review Date: November 2016**